health shield
The best of health

Virtual Physiotherapy

Faster access to a physiotherapist and personalised support from assessment to recovery



Aches and strains can build quietly, but left too long, muscle, bone and joint problems become a major cause of time off work. Catching them early matters.

Virtual Physiotherapy gives Members fast access to a qualified chartered physiotherapist, typically within two working days, with assessment, a personalised rehab plan and tailored ongoing support.

The Need
MSK pain and injury can quickly affect everyday life and work, while delays in support can leave people managing symptoms without the guidance they need.

The Service
Fast, direct access to a qualified chartered physiotherapist, typically within two working days, for assessment and personalised rehabilitation tailored to the Member's condition and recovery.

The Difference
Members aren't left to navigate their recovery through a digital programme alone. They can speak directly to a physiotherapist, get personalised clinical guidance and start appropriate rehabilitation sooner.

Wellbeing Service

For Your Clients
Faster access to personalised MSK care, helping their people get expert support sooner and giving them a clinically led route to recovery from the outset.

Get In Touch
Talk to us about how Virtual Physiotherapy fits your clients' Workforce Health Plan. We're here to help you position it clearly and accurately.

This non-insurance service is provided by a third-party supplier and may be withdrawn or amended independently of the insurance policy.

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Discover more at **healthshield.co.uk**